

## THE SEXUALITY AFFIRMING SERVICE PROVIDER

Early-bird fees: \$175 (professional), \$110 (student)

Fees less than 7 days prior to workshop: \$225 (professional), \$145 (student)

Full day workshop - Limited spots available

Register: www.diversityessentials.com/affirming

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In our rapidly evolving world, individuals are faced with the task of navigating the cultural mores of sexuality (anatomy, expressions, identities) along with their own sexual health and wellness. Research indicates that service providers rarely discuss the nuances of consent, intimacy and sex, sexual lifestyles, and sexual health wellness decision making with their clients. At the same time, clients have shared that their desire to engage in discussions with service providers on the topic of sexuality are often met with avoidance, ambivalence, discomfort, or morality-based attitudes and replies.

# This workshop is appropriate for:

Counsellors, therapists, educators, health providers, social workers, spiritual care providers, life coaches, front-facing service providers, and program coordinators.

This full day workshop invites service providers to explore their values and attitudes on human sexuality, broaden their awareness and knowledge of the diversity of sexual expressions and relationships, and explore pathways that support sexual-agency, sexual self-determination, and optimal sexual health outcomes. Participants will leave with a greater self-confidence when discussing sexuality-based topics.

#### **OBJECTIVES**

By the end of the workshop, participants will:

- Identify the sexuality legacies of colonization on collective and individualistic views on sexual identity, intimacy and eroticism
- Explore how aspects of human sexuality shapes our attitudes, identities, relationships and cultural lenses and vice versa
- Examine culturally prescriptive sexual norms on sexual health and wellness
- Identify sexuality-based unconscious bias and sexuality-based microaggressions in the workplace and its impacts on clients
- Identify the indicators of being a sex and sexuality affirming service provider
- Acquire sexuality-affirming conversation starter language
- Acquire fundamental sexual health principles to guide discussions on sexual values and sexual ethics

**Delivery style:** Facilitation and process oriented, experiential learning oriented, small group and large group activities and discussion, introspective exercises, information delivery, short videos

Approach: Trauma-informed, inclusive, recognizes intersectionality and minority-stress factors

### **ABOUT THE FACILITATORS**

#### DR. REECE MALONE (HE/HIM/SIYA)

Dr. Reece Malone is the CEO of Diversity Essentials and Sexuality Consultants and Support Services Manitoba, Inc. He is a board-certified sexologist, sex therapist and sexuality educator. He maintains a private practice welcoming individuals and diverse relationships. His therapeutic practice centres client collaboration, and maintaining an environment for individuals to be understood, valued and respected.

As an advocate for sexual health and comprehensive human sexuality education, he contributes to public health campaigns, delivers professional development and training, as well as provides service-provider consultation. He is the co-editor of *An Intersectional Approach to Sex Therapy: Centering Indigenous, Racialized and People of Color,* published by Routledge Press and is working on his second book on trauma-informed sexuality education to be released in 2024.

Contering the Lives of Block, Indigenous, Racialized, and People of Color

Edited by Reuce th. Malous.

Marin Rence Stewart, Nariotta Gary-Smith, and James C. Wadley

For a full bio please visit: <a href="https://www.reecemalone.com/reece-malone">https://www.reecemalone.com/reece-malone</a>

## DARLA "D" MATOMBE (ALL PRONOUNS)



D Matombe is a training facilitator, sex educator, and a facilitator mentor. Facilitating training through a Deaf-positive, queer positive, body positive, culturally appreciative, de-settling lens, D aims to dismantle barriers surrounding people who are marginalized and devalued by society.

D has extensive training and background as a coach. D was also a founder and organizer of a Winnipeg organization based in safety of sexuality education and discovery for young adults. Additionally, D also provided ethical oversight to a

network of sexuality organizations. For two decades, D has been delivering and coordinated training sessions on sexuality topics from an inclusive, ethical and sex-positive framework.

Darla advocates for the recognition and dismantling of systemic oppression and colonization. D promotes human rights, equity, and appreciation of diversity. As a queer and gender-queer professional who deeply values allyhood with communities of racialized people, neuro-divergent people, and people disabled by societal barriers, D is keen to increase awareness on the important topics of sexuality, equity and inclusion.

To register please visit: www.diversityessentials.com/affirming